

## Parka - Sewing Pattern #4968

Recommendations on fabric: thick natural/mixed fabrics suitable for raincoats. Contrasting fabric for decoration.

You will also need: fusible interfacing; separating zipper; decorative cord; 2 grommets; 2 cord end caps; 2 buttons; 8 small buttons for hood.

Seam allowances: all seams 1 cm. Seam allowance along slanted edge on back - 5 cm. Seam allowance for hem of sleeve - 4 cm. Seam allowance along upper edge of pockets - 3 cm. Seam allowance along lower edge of hood and hood facing - 2 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back yoke - cut 1
2. Back - cut 2
3. Front yoke - cut 1
4. Front left - cut 1



5. Front right - cut 1
6. Sleeve - cut 2
7. Decorative Tab - cut 2
8. Stand collar - cut 2
9. Back neck facing - cut 1
10. Center front facing - cut 2
11. Front placket - cut 1
12. Hood - cut 2
13. Hood facing - cut 1
14. Upper pocket - cut 1
15. Lower pocket - cut 2
16. Flap - cut 4
17. Casing - cut 1
18. Hem facing - cut 2

Decorative fabric:

1. Front inset - cut 1

Fusible interfacing:

1. Front placket - cut 1
2. Stand collar - cut 2
3. Center front facing - cut 2
4. Back neck facing - cut 1
5. Flap - cut 2
6. Decorative Tab - cut 2
7. Hem facing - cut 2

## INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew front inset to front yoke, press seam allowances towards inset, serge. Sew a decorative stitch along the seam at 0.5 - 0.7 cm. Sew right front to inset, press seam allowances towards inset, serge. Sew a decorative stitch along the seam at 0.5 - 0.7 cm.
3. Apply fusible interfacing to upper edge of upper pocket, press towards 1 cm onto wrong side. Fold the seam allowance of upper edge onto right side and sew side edges. Turn right side out, straighten corners. Press side and lower seam allowance onto wrong side. Topstitch seam allowance of upper edge at 2.0 cm. Topstitch pocket onto front according to markings.
4. Apply fusible interfacing to upper edge of lower pocket, press towards 1 cm onto wrong side. Fold the seam allowance of upper edge onto right side and sew side edges. Turn right side out, straighten corners. Press side and lower seam allowance onto wrong side. Topstitch seam allowance of upper edge at 2.0 cm. Topstitch

- pocket onto front according to markings. Pin together flaps right sides together and sew outer edges. Trim away corners, turn flaps right side out, straighten, press. Sew a decorative stitch on flap at 0.5 – 0.7 cm from the edge. Serge upper edge. Sew flaps to fronts, fold down and topstitch.
5. Serge seam allowances of the slanted edge of the back. Sew the center back seam, clip into seam allowance in the lower corner of the right part. Press towards left and serge.
  6. Sew back yoke to yoke, press seam allowances towards yoke, serge. Sew a decorative stitch along the seam at 0.5 - 0.7 cm.
  7. Sew shoulder and side seams, press towards the back and serge.
  8. Install grommets on Front according to markings. Fold seam allowances of the longer edges of casing onto wrong side and press. Pin casing onto garment, wrong sides together and topstitch.
  9. Sew outer stand collar into neckline, clip seam allowances and press apart.
  10. Pin right side of zipper onto the right center front edge and right stand collar edge (zipper blade should be faced away from the center front edge) and sew. Repeat for left center front facing.
  11. Sew shoulder edges of center front facings and back neckline facing, press the seam apart. Serge the outer edge. Sew inner stand collar into neckline, clip seam allowances and press apart. Serge outer edge of hem facing. Sew hem facings to center front facings.
  12. Sew hem facings to slanted edges on back. Pin center front facings with facings onto front, right sides together, and sew lower edge, center front edge and stand collar edge. Clip into curves, trim away corners. Turn center front facings and facings onto wrong side, straighten, press. Topstitch seam allowance of lower edge and of the slanted edge of back onto the garment.
  13. Fold decorative tab in half, right sides together, and sew longer edge and corner. Trim seam allowances, turn tab right side out, press and sew a decorative stitch at 0.5 – 0.7 cm from the edge. Sew sleeve seam, inserting decorative tab, serge and press. Sew sleeves into armholes, serge and press.
  14. Serge lower edge of sleeve, press onto wrong side and topstitch.
  15. Fold front placket in half lengthwise right sides together and sew corners. Turn right side out and press. Sew decorative stitches along outer fold, along upper and lower edge. Serge inner edge. Pin placket onto front (the fold is directed away from center front edge) and topstitch along the marked line. Fold the placket, covering the closure and topstitch along the seam.
  16. Make buttonholes on decorative tabs, sew on buttons on sleeves accordingly. Thread cord into casing, attach cord ends.
  17. Sew hood seam, serge and press. Serge outer edge of hood facing. Pin facing onto hood right sides together and sew the outer edge. Clip into curves. Turn the hood right side out, straighten, press. Topstitch the

facing onto the hood along the inner edge. Serge lower edge of hood, press onto wrong side and topstitch. Make buttonholes on hood neckline. Sew buttons onto the seam of stand collar.

**TECHNICAL DRAWING:**

