

Blouse With Pleat - Sewing Pattern #4770

Recommendations on fabric: natural/mixed fabrics suitable for blouses, companion fabric.

You will also need: fusible interfacing, 3 buttons.

Seam allowances: seam allowance along hem of garment and hem of sleeve – 2 cm, other seams 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Front – cut 1 on fold
2. Back yoke – cut 1
3. Sleeve – cut 2
4. Back facing – cut 1
5. Front facing - cut 1

Main fabric 1:

1. Back – cut 1 on fold
2. Cuff – cut 2

Fusible interfacing:

1. Back facing – cut 1
2. Front facing – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing to facings.
2. Sew yoke to back, press towards top and serge.
3. Make, press and slip stitch darts on front. Make and baste a box pleat on front.
4. Sew shoulder and side seams, press towards the back and serge.
5. Sew shoulder seams of facings, press the seam apart. Serge the outer edge. Pin facing onto neckline right sides together and sew the neckline. Clip seam allowances, turn facing onto wrong side and press. Topstitch seam allowances onto facing at 0.2 cm from seam. Slip stitch facing to shoulder seams.
6. Sew the cuff to the sleeve, press towards top and serge. Sew sleeve seam, press towards back and serge. Sew sleeves into armholes matching notches and adjusting ease, serge and press.
7. Serge the lower edge of garment and hem of sleeve. press onto wrong side and topstitch.
8. Sew on decorative buttons on the pleat.

TECHNICAL DRAWING:

