

Dress With Inset - Sewing Pattern #4422

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; dress zipper.

Seam allowances: all seam allowances 1 cm; seam allowance for hem of dress - 3.0 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 2
2. Lower back - cut 2
3. Upper front - cut 2
4. Lower front - cut 1
5. Front inset - cut 1
6. Center front facing - cut 2
7. Back neck facing - cut 2

8. Front neck facing - cut 2

Fusible interfacing:

1. Center front facing - cut 2
2. Back neck facing - cut 2
3. Front neck facing - cut 2

INSTRUCTIONS:

1. Sew waist darts on upper and lower backs. Press bulk towards center. Sew upper backs to lower backs. Serge and press towards bottom
2. Serge center back edges separately. Sew center back seam from notch for zipper to bottom. Seam Allowances $\frac{1}{4}$ " press apart, pressing the slit at the same time. Sew in zipper.
3. Sew waist darts on lower front. Press bulk towards center.
4. Fold inset in half widthwise right side out and press.
5. Make and baste pleats on upper fronts. Pin buttonstands to upper fronts and sew center edges. Fold buttonstands onto wrong side, pin fronts onto inset and fix along outer edge of buttonstand. Serge outer edge of center front facing together with inset.
6. Sew upper front to lower front. Serge and press towards bottom.
7. Sew side and shoulder seams, press towards the back and serge.
8. Sew shoulder and side seams of facings. Press the seam apart. Serge center edges and outer edge of facing. Sew facing to buttonstand. Pin facing to dress right sides together and sew neckline. Clip into curves, turn facing right side out, straighten and press. Sew armhole in two steps: first back, then front. Clip into curves, turn right side out, press. Baste facing to garment along seam allowance on side edges. Slipstitch facing to zipper tape.
9. Serge lower edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

