

## Blouse With Cowl Neck - Sewing Pattern #2354

Recommendations on fabric: well draping natural/mixed knit fabric of medium stretchiness.

Seam allowances: seam allowance for hem of garment and hem of sleeve - 1.5 cm, other seams - 1.0 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

### Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 - 0.8 cm.



## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 1 on fold
2. Front - cut 1 on fold
3. Upper front - cut 1 on fold
4. Front inset - cut 1

5. Sleeve – cut 2

## **INSTRUCTIONS:**

1. Fold front inset in half, wrong sides together, and press. Serge the one-piece seam allowance of the upper edge of upper front and press onto wrong side.
2. Sew a gathering stitch along upper edge of front between the markings and gather fullness. Sew front inset and upper inset to front, placing upper front between front inset and front. Serge and press.
3. Cut (or take ready) bias tape , its width should equal 4 cm and length should equal the length of back neckline + 4 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to neckline from the right side and sew. Fold bias tape onto wrong side, clip into seam allowances and topstitch onto main piece along the seam. Press seam.
4. Serge the lower edge of garment, press onto wrong side and topstitch.
5. Sew shoulder and side seams, press towards the back and serge.
6. Sew sleeve seam, press towards back and serge. Sew sleeve into armhole, serge and press.
7. Serge lower edge of sleeve, press onto wrong side and topstitch.

## **TECHNICAL DRAWING:**

