

Sports Dress - Sewing Pattern #2317

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; 10 buttons.

Seam allowances: Seam allowance for hem of garment and hem of sleeve – 1.5 cm, other seams – 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back yoke - cut 1
2. Back - cut 2
3. Front - cut 2
4. Sleeve - cut 2
5. Collar - cut 2
6. Stand collar - cut 2
7. Decorative Tab - cut 2

8. Placket – cut 2

Fusible interfacing:

1. Placket – cut 2
2. Collar – cut 1
3. Stand collar – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew darts on back. Press bulk towards center. Sew center back seam. Serge seam and press towards left. Sew back yoke to yoke. Serge and press towards top.
4. Mark and sew bust darts on front, if the size implies these, press bulk towards top.
5. Sew side and shoulder seams, press towards the back and serge.
6. Sew outer edge of placket to front, press seam allowances onto placket. Fold inner edge of placket inside and stitch-in-the-ditch along seam of outer placket.
7. Pin upper collar to lower collar, right sides together. Sew ends of collar and collar fall. Trim seam allowances. Turn the collar right side out, straighten and press. Sew a decorative stitch at 0.5 cm from the edge. Pin stand collars together, right sides together, put ready collar between them, adjust notches and sew, sewing ends of stand collar at the same time. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn finished collar right side out and press. Sew upper stand collar with collar into neckline, fold raw edge of lower stand collar and stitch-in-the-ditch along seam of upper stand collar.
8. Fold decorative tabs in half lengthwise right sides together and sew along longer and one shorter edge. Turn right side out, slashing seam allowances in corners, straighten and press. Serge raw shorter edge. Topstitch decorative tabs according to the markings onto the wrong side of sleeves.
9. Sew sleeve seam. Serge and press towards back. Sew sleeves into armholes, serge and press.
10. Serge hem of garment and hem of sleeve, turn inside and topstitch.
11. Make button holes on the right placket and the right stand collar, sew on buttons on the left one. Make buttonholes and sew on buttons on the tabs.

TECHNICAL DRAWING:

