

## Dress Without Sleeves - Sewing Pattern #2291

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: lining; dress zipper.

Seam allowances: all seam allowances – 1.0 cm; seam allowance for hem of garment – 2 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back – cut 2
2. Lower back – cut 2
3. Upper front - cut 1 on fold
4. Lower front – cut 1 on fold

Lining:

1. Upper back – cut 2

2. Upper front - cut 1 on fold

Lining is cut using pattern pieces for main fabric.

## **INSTRUCTIONS:**

1. Sew darts on back. Sew the bulk towards center.
2. Sew darts on front. Press the bulk of the waist darts towards center, press the bulk of the bust darts towards top.
3. Sew side seams and shoulder seams of upper backs and upper front. Press the seam apart.
4. Sew darts and seams on lining. Pin lining to the garment right sides together and sew neckline. Clip seam allowances, fold lining towards wrong side and press. Sew armhole in two steps: first sew the front armhole, then sew the back armhole. Clip seam allowances. Fold lining towards wrong side and press.
5. Baste lining to main fabric along the waist seam, treat as one piece in the future.
6. Sew side seams of lower parts. Serge the seam allowances and press apart. Make and baste pleats, fold bulk towards side seams.
7. Sew upper part of dress to lower part of dress. Serge and press towards bottom.
8. Serge center back edges separately. Sew center seam from mark down to hem, press the seam allowances apart. Sew in zipper.
9. Serge hem of garment, fold inside onto wrong side and topstitch.

## **TECHNICAL DRAWING:**

