

Dress With One-Piece Sleeve - Sewing Pattern #2236

Recommendations on fabric: natural/mixed fabrics with elastane suitable for dresses. Natural/mixed knit fabric of small stretchiness.

You will also need: fusible interfacing.

Seam allowances: all seams 1 cm. Seam allowance of the hem of slanted edge of lower front – 2.5 cm, seam allowance for hem of garment – 2 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.



CUTTING:

Note on cutting:

On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 1 on fold

2. Lower back - cut 2
3. Upper front - cut 1 on fold
4. Lower front - cut 2
5. Cuff - cut 2
6. Back neck facing - cut 1
7. Front neck facing - cut 1
8. Belt - cut 1

Fusible interfacing:

1. Back neck facing - cut 1
2. Front neck facing - cut 1
3. Cuff - cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew darts on lower backs, press bulk towards center. Sew center seam on lower back, press towards left and serge.
3. Sew a gathering stitch along the lower edge of upper back and gather fullness. Sew upper back to lower back, press seam allowances towards top and serge.
4. Serge the slanted edge of lower front, press onto wrong side and topstitch. Pin right part onto left part and baste together along the upper edge and side edges. Sew upper front to lower front, press seam allowances towards top and serge.
5. Sew side and shoulder seams, press towards the back and serge.
6. Sew shoulder seams of facings, press the seam apart. Serge the outer edge. Pin facing to dress right sides together and sew the neckline. Clip into curves, turn the facing onto the wrong side and press. Slip stitch facing to shoulder seams.
7. Sew cuff into a ring, press the seam apart. Fold cuff in half lengthwise right side out. Sew cuff to wrong side of sleeve, serge. Fold cuff to right side.
8. Serge lower edge of garment, press onto wrong side and topstitch.
9. Fold belt in half lengthwise right sides together and sew, and leave an opening unsewn along the lower edge, so that you can turn out the piece later. Turn belt right side out, straighten and press. Topstitch belt around all edges at 0.1 cm from the edge.

TECHNICAL DRAWING:

