

Sport Dress - Sewing Pattern #2228

Recommendations on fabric: natural/mixed knit fabric of small stretchiness.

Seam allowances: seam allowance for hem of garment and hem of sleeve – 3 cm, all other seams 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 2
2. Upper front - cut 1
3. Front - cut 1
4. Sleeve — cut 2

- 5. Pocket - cut 1
- 6. Left hood - cut 1
- 7. Right hood - cut 1
- 8. Center hood - cut 1
- 9. Hood facing - cut 1

INSTRUCTIONS:

1. Sew center back seam, press towards left and serge.
2. Sew dart on front, press bulk towards top.
3. Serge the edge of one-piece facing of the pocket opening. Fold under the pocket facing and press and topstitch. Serge pocket edges. Fold under the side and lower edges and press. Pin pocket to front, right sides together, along the upper marking line the pocket placement (the lower edge of pocket is directed towards the neckline) and sew. Fold away pocket down. Topstitch pocket onto Front along the side and lower edges.
4. Sew shoulder seams, press towards the back and serge.
5. Sew center part to the left and to the right part of the hood, press seam allowances onto central part and serge. Serge inner edge of hood facing. Pin facing onto hood and sew the outer edge. Clip into curves, turn facing onto wrong side, press. Topstitch facing onto hood. Sew hood into neckline, serge and press.
6. Sew Upper Front to Front (the hood is placed in between the pieces). Serge and press.
7. Sew sleeves into armholes, serge and press.
8. Sew side seams processing the sleeve seam at the same time, press towards the back and serge.
9. Serge lower edge of garment and lower edge of sleeve, press onto wrong side and topstitch.

TECHNICAL DRAWING:

