

## Blouse With Center Pleat - Sewing Pattern #2223

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing.

Seam allowances: Seam allowance for hem of garment - 2 cm; seam allowance for hem of flounces - 1.2 cm; other seams - 1 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



## CUTTING:

### Note on cutting:

*On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*

*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:

1. Back - cut 2
2. Front - cut 1 on fold
3. Front neck facing - cut 1
4. Back neck facing - cut 1
5. Sleeve - cut 2
6. Flounce 1 - cut 2
7. Flounce 2 - cut 2

Fusible interfacing:

1. Front neck facing – cut 1
2. Back neck facing – cut 1

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Sew darts on front, if the size implies these. Press bulk towards top.
3. Sew center back seam. Serge seam and press towards left.
4. Fold front along the marked center line right side out and sew a stitch along the marked fold line. (it is marked with an arrow). Lay out the box pleat on two sides and press.
5. Sew side and shoulder seams, press towards the back and serge.
6. Sew the shoulder seams of the neckline facings. Press the seam apart. Serge the outer edge. Pin facing onto garment right sides together and sew neckline. Clip seam allowances, fold facing onto wrong side and press. Slipstitch facing to shoulder seams and center back seam.
7. Sew sleeve seams, press towards back and serge. Sew sleeves into armholes, serge and press. Sew flounces into rings. Serge the seam allowances and press towards back. Pin Flounce 2 onto Flounce 1, right side up and baste together along upper edge. Sew flounces to sleeve. Serge and press. Serge the lower edges of flounces, turn inside and topstitch.
8. Serge the lower edge of garment, turn inside and topstitch.

## **TECHNICAL DRAWING:**

