

## Blouse With Pleat - Sewing Pattern #2190

Recommendations on fabric: well draping natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 2 buttons.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment – 2 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



## CUTTING:

### Note on cutting:

*On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*

*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:

1. Back – cut 1 on fold
2. Front – cut 1
3. Stand collar – cut 2
4. Sleeve facing – cut 2

Fusible interfacing:

1. Stand collar – cut 1

## INSTRUCTIONS:

1. Apply fusible interfacing.

2. Cut (or take ready) a bias tape for finishing back slit, the length should be twice as much as the length of slit + 4 cm and , its width should equal 5 cm. Press bias tape in half lengthwise right side out. Mark the slit line on the back and cut. Fold back apart so that the slit line is straight, pin bias tape from the right side, matching edges, and sew. Width of seam along the slit 0.5 – 0.7 cm, decrease it to 0.2 cm in the lower part of the slit. Fold bias tape onto wrong side, wrapping the seam, and topstitch into seam of.

3. Sew front darts, press bulk towards top.

4. Fold front along the center line of the pleat, right sides together, and sew the pleat from the upper edge exactly up to the neckline. Clip into seam allowances near the neckline. Turn the pleat right side out, straighten, serge upper edge

5. Sew shoulder seams, press towards the back and serge.

6. Cut a bias tape for loop buttonholes, 2.5 by 10 cm. Fold tape in half lengthwise right sides together and stitch at 0.3 cm from fold. Cut away seam allowances close to seam, turn tape right side out and straighten the rolled piece. Cut in two, adjust length of the loop.

7. Pin together parts of stand collar, right sides together and sew along the outer edge and the back edge, inserting the button loops on the left, start and stop stitching exactly at the seam line of collar stand. Clip into curves, trim away corners, turn stand collar right side out, press.

8. Sew outer stand collar into neckline, folding the pleat away, press seam allowances towards stand collar. Turn under the unfinished edge of inner stand collar and stitch in the ditch. Wrap the pleat around the stand collar and tack it to the seam of stand collar.

9. Fold the sleeve facing in half lengthwise, wrong sides together, and press. Sew facing to armhole, press the seam allowances towards the facing, serge.

10. Sew side seams, press towards the back and serge.

11. Press lower edge of garment onto wrong side at 1 cm, then again at 1 cm and topstitch.

12. Sew on buttons at stand collar.

**TECHNICAL DRAWING:**

