

Blouse With Pleats - Sewing Pattern #2188

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; dress zipper.

Seam allowances: all seams 1 cm. Seam allowance along hem of garment and hem of sleeve - 2.0 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 2
2. Back inset - cut 2
3. Lower back - cut 2
4. Lower front - cut 1 on fold
5. Front inset - cut 1
6. Upper front - cut 1 on fold
7. Sleeve - cut 2

8. Tie – cut 4
9. Back neck facing – cut 2
10. Front neck facing – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew darts on upper back, press the inner part towards center. Make the pleats on back inset according to the markings and topstitch them (the bulk is on the right side, and is folded towards bottom). Sew back inset to upper back, press seam allowances towards inset and serge.
3. Make and baste pleats along the upper edge of lower back (fold bulk towards side edge). Sew lower back to back inset, press towards top and serge.
4. Serge center back edges separately on each piece. Sew center back seam from notch for zipper to bottom, press the seam apart. Sew in zipper.
5. Sew a gathering stitch along the lower edge of upper front and gather fullness. Sew front inset to upper front, press seam allowances towards inset and serge.
6. Make and baste pleats along the upper edge of lower front (fold bulk towards side edge). Sew lower front to front inset, press towards top and serge.
7. Sew side and shoulder seams, press towards the back and serge.
8. Sew the shoulder seams of the neckline facings, press the seam apart. Serge the outer edge. Pin facing to garment right sides together and sew the neckline. Clip into curves, turn facing onto wrong side, straighten and press. Slip stitch facing to zipper tape and to seam allowances along shoulder seams.
9. Fold the tie in half lengthwise right sides together and sew along the longer side and one shorter side. Turn the tie right side out, straighten and press.
10. Sew sleeve seam, inserting ties, press towards the back and serge.
11. Sew sleeves into armholes, matching notches, serge and press.
12. Serge hem of garment and lower edge of sleeve, press onto wrong side at 1 cm, then again at 1 cm and topstitch.

TECHNICAL DRAWING:

