

Blouse With Central Placket - Sewing Pattern #2186

Recommendations on fabric: thick natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 8 buttons.

Seam allowances: Seam allowance along hem of garment - 1.5 cm.
Other seams - 1.0 cm

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back yoke - cut 1 on fold
2. Back - cut 1 on fold
3. Front - cut 1 on fold
4. Placket - cut 2
5. Collar - cut 2
6. Stand collar - cut 2
7. Sleeve - cut 2

8. Cuff - cut 2

Fusible interfacing:

1. Placket – cut 2
2. Collar - cut 1
3. Stand collar - cut 1
4. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Make and baste a box pleat on the upper edge of Back. Sew yoke to back, press towards top and serge.
3. Sew front darts, press bulk towards top.
4. Sew a gathering stitch along the short horizontal edge on Front and gather fullness. Press plackets in half lengthwise right side out. Make buttonholes on right placket. Sew plackets to right side of front along longer edge, stop at 1 cm from the bottom. Snip into seam allowance on front, leaving 1 mm to the stitch line. Thread the ends of plackets inside and sew, fastening the lower edge. Serge the seam allowances.
5. Sew shoulder and side seams, press towards the back and serge.
6. Pin together collars right sides together sew collar ends and the outer edge of collar. Trim away corners, turn collar right side out, straighten, press. Pin together parts of stand collar, right sides together and sew along the outer edge, inserting collar. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Trim seam allowances, stand collar turn right side out and press.
7. Sew outer stand collar with collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.
8. Serge the sleeve edges separately. Sew sleeve seam from the mark upwards, press the seam apart. Sew a fastening stitch along the slit at 0.1 cm from the edge. Sew sleeves into armholes, serge and press.
9. Fold cuff in half lengthwise, right sides together and sew side seams. Turn the piece right side out, press. Sew the outer part of the cuff to the sleeve, fold inside the inner side of the cuff, and topstitch into the seam of the outer cuff cuffs.
10. Serge lower edge of garment, press onto wrong side and topstitch.
11. Make button holes and sew on buttons on stand collar and cuffs. Sew on buttons on left front.

TECHNICAL DRAWING:

