

Shirt Dress - Sewing Pattern #2162

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; 16 buttons.

Seam allowances: Seam allowance for hem of garment - 3.5 cm, other seams - 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back yoke - cut 1
2. Back - cut 1 on fold
3. Front - cut 2
4. Front yoke - cut 2
5. Placket - cut 2
6. Sleeve - cut 2
7. Collar - cut 2

8. Stand collar – cut 2
9. Cuff – cut 2
10. Flap – cut 4
11. Belt – cut 1

Fusible interfacing:

1. Placket – cut 2
2. Collar – cut 1
3. Stand collar – cut 1
4. Cuff – cut 2
5. Flap – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew yoke to back, press towards top and serge.
3. Mark and sew bust darts on front, press bulk towards top.
4. Pin together flaps right sides together and sew along side edges and along lower edge. Trim away corners, turn the flap right side out, straighten seams and press. Sew a decorative stitch at 0.5 cm from the edge. Make button holes on flaps.
5. Sew front yoke to front, inserting the flap between the pieces. Seam Allowances press onto yoke and serge.
6. Sew side and shoulder seams, press towards the back and serge.
7. Sew outer edge of placket to front, press seam allowances onto placket. Fold inner edge of placket inside and stitch-in-the-ditch along seam of outer placket.
8. Pin upper collar to lower collar, right sides together. Sew ends of collar and collar fall. Trim seam allowances. Turn the collar right side out, straighten and press. Sew a decorative stitch at 0.5 cm from the edge. Pin stand collars together, right sides together, put ready collar between them, adjust notches and sew, sewing ends of stand collar at the same time. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn finished collar right side out and press. Sew upper stand collar with collar into neckline, fold raw edge of lower stand collar and stitch-in-the-ditch along seam of upper stand collar.
9. Serge sleeve edges. Sew sleeve seam from armhole up to mark for slit. Press the seam apart. Stitch seam allowances along the slit at 0.2 cm. from the edge. Sew sleeves into armholes, serge and press.
10. Fold cuff in half lengthwise right sides together and sew corners. Sew outer side of cuff to sleeve. Fold under the seam allowance of the inner side inside and topstitch into seam of.

11. Serge the lower edge of garment, press onto wrong side and topstitch.
12. Make button holes on the right placket and the right stand collar, sew on buttons on the left one. Make buttonholes and sew on buttons onto cuffs. Sew on buttons according to the button loops on the flaps.
13. Serge one longer edge of the belt loop. Fold belt loop so that it has 3 layers in total and topstitch along longer sides. Cut the belt loop into 6 pieces. Topstitch the belt loops onto the waist according to the markings.
14. Fold belt in half lengthwise right sides together and sew, and leave an opening unsewn along the lower edge, so that you can turn out the piece later. Turn belt right side out, straighten and press. Topstitch belt around all edges at 0.1 cm from the edge.

TECHNICAL DRAWING:

