

Dress With Yoke - Sewing Pattern #2103

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: dress zipper.

Seam allowances: all seam allowances – 1.0 cm, seam allowance for hem of garment and hem of sleeve – 2 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Center back – cut 2
2. Side back – cut 2
3. Center front – cut 1 on fold
4. Side front – cut 2
5. Front yoke – cut 2
6. Back yoke – cut 4
7. Pocket bag – cut 2

- 8. Sleeve – cut 2
- 9. Lower front 1 – cut 1 on fold
- 10. Lower front 2 – cut 1 on fold
- 11. Lower back 1 – cut 1 on fold
- 12. Lower back 2 – cut 1 on fold

INSTRUCTIONS:

1. Sew shoulder and side seams of yokes. Press the seam apart. Pin yokes together, right sides together inside and sew the neckline opening. Clip seam allowances, fold inner yoke onto wrong side and press. Serge the lower edge of inner yoke.
2. Sew side backs to center back. Serge seam and press towards center.
3. Sew pocket bag to center front according to notches. Serge the seam allowances. Sew side front to front, sewing seam allowances of pocket bags at the same time. Serge seams and press towards center.
4. Sew side seams. Serge the seam allowances and press apart. Sew outer yoke to dress. Topstitch lower edge of inner yoke into the seam of outer yoke. Serge and press towards bottom.
5. Serge center back edges separately. Sew center edge from notch for zipper to bottom, press the seam apart. Sew in zipper.
6. Sew sleeves into armholes, serge and press.
7. Sew side seams of lower parts. Serge seams and press towards back. Sew a gathering stitch along the upper edge of lower part 1 and lower part 2 and gather fullness. Sew lower part 1 to dress. Serge and press towards top. Sew lower part 2 to dress. Serge and press towards top.
8. Serge lower edge of garment and lower edge of sleeve, press onto wrong side and topstitch.

TECHNICAL DRAWING:

