Blouse With Pleats - Sewing Pattern #2040

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing, 3 buttons.

Seam allowances: seam allowance for hem of garment – 1.5 cm, other seams 1 cm.

Note on seam allowances:
  - *If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.*
  - *If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.*

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back yoke — cut 2
2. Back – cut 1 on fold
3. Front yoke – cut 1
4. Center front — cut 1 on fold
5. Side front — cut 2
6. Stand collar – cut 2
7. Sleeve – cut 2

8. Cuff – cut 2

Fusible interfacing:
1. Stand collar – cut 1
2. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Serge center edges of back yokes separately. Press seam allowances of center edges onto wrong side and sew a fixing stitch along the edge at 0.1 cm from the fold. Sew back yoke to yoke, serge and press towards bottom.

3. Sew side front to center front, press towards center and serge.

4. Along upper edge of center front make and baste pleats (fold bulk of pleats towards side seam). Sew front yoke to front, press towards top and serge.

5. Sew side and shoulder seams, press towards the back and serge.

6. Cut (or take ready) bias tape, its width should equal 2.5 cm and its length should equal 5 cm for loop buttonhole. Fold tape in half lengthwise right sides together and stitch at 0.3 cm from fold. Cut away seam allowances close to seam, turn tape right side out and straighten the rolled piece. Adjust length of the loop.

7. Pin together parts of stand collar, right sides together and sew along outer edge and ends, start and stop stitching exactly at the seam line of collar stand. Insert loop buttonhole between the stand collars on the right side. Clip into curves, trim away corners, turn stand collar right side out, press. Sew outer stand collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.

8. Serge the sleeve edges separately. Sew sleeve seam from armhole up to mark for slit, press the seam apart. Topstitch slit at 0.1 cm from fold. Sew sleeves into armholes, serge and press.

9. Fold cuff in half lengthwise, right sides together and sew side seams. Start and stop stitching exactly at the marked line of the cuff seam. Turn the piece right side out, press. Sew the outer part of the cuff to the sleeve, fold inside the inner side of the cuff, and topstitch into the seam of the outer cuff cuffs.

10. Serge the lower edge of garment, press onto wrong side and topstitch.

11. Make buttonholes on cuffs, sew on buttons. Sew on button on the left side of stand collar.

TECHNICAL DRAWING: