

Sewing Pattern — Lingerie 5779



Recommendations on fabric: silk, soft draping fabric of natural or mixed fibre, elastic lace.

You will also need: 3 buttons, stretching fusing.

Seam allowances are NOT included and need to be added when laying out and cutting.

Stay stitch 1 cm on all edges. Seam allowance on the bottom edge of the bottom and front pieces — 2.5 cm.

Attention! First of all please print all the paper patterns and lay them out on the provisional fabric width (normally from 90 cm to 150 cm) to calculate the required length of fabric. Don't forget to count pair parts and symmetrical parts.

When sewing the parts together, mind the markers, they should be matched together.

CUTTING:

Main fabric:

1. Top part of the back piece — 2 parts.
2. Bottom part of the back piece — 1 part.
3. Upper part of the front piece — 2 parts.
4. Bottom part of the front piece — 2 parts.
5. Sleeve — 2 parts.
6. Cuff — 2 parts.

Elastic lace:

1. Inset for the back piece — 1 part.
2. Inset for the front piece — 2 parts.

Fusing:

1. Whole-cut buttonstand of the inset of the front piece.

INSTRUCTIONS:

1. Affix the fusing to the whole-cut buttonstand using heat.
2. Stitch the waist tucks on the top part of the back piece, iron in to the center.
3. Stitch the middle seam of the top part of the back piece. Iron in the seam allowances to the left and overstretch edges.
4. Stitch the inset to the top part of the back piece, iron in the seam allowances onto the inset and overstretch edges.
5. Stitch loosely along the upper edge of the bottom part of the back piece and gather the edge to the length of the bottom edge of the inset. Stitch the bottom part of the back piece to the inset, iron in the seam allowances onto the inset and overstretch edges.
6. Make tucks on the upper edge of the upper part of the front piece and fix them. Stitch loosely along the bottom edge of the upper part of the front piece between markers staying stitch 0.5 cm off the edge and gather ruffles. Stitch the inset to the upper part of the front piece, matching the markers, iron in the seam allowances downwards and overstretch.
7. Stitch the front piece to the back piece, iron in the seam allowances onto the back piece and overstretch edges.
8. Cut a bias tape 4 cm wide and of the required length to match the neckline of the front and back pieces. Fold the bias tape in half lengthwise, wrong sides together. Press the fold down using an iron. Put the bias tape face to face with the seam allowance of the neckline and stitch along. Fold the bias tape to the wrong side. Stitch the seam allowance onto the bias tape staying stitch 0.1 cm off the edge.
9. Stitch loosely along the upper edge of the bottom part of the front piece and gather the edge to the length of the bottom edge of the inset. Stitch the bottom part of the front piece to the inset, iron in the seam allowances onto the inset and overstretch edges.
10. Overstretch the inner edge of the buttonstand, fold the buttonstand onto the right side on the markers, and stitch the upper corner. Cut the seam allowance, turn the garment inside out and iron from the right side. Stitch the upper edge of the buttonstand into the joining seam.
11. Stitch the side edges. Iron in the seam allowances onto the back piece and overstretch edges.
12. Stitch the sleeve seam and overstretch edges.
13. Fold the cuff in half lengthwise, wrong sides together and stitch the side edges, cut the seam allowances in the corners and turn inside out so that the right side is facing you. Iron. Stitch the cuff to the bottom of the sleeve. Iron in the seam allowance onto the sleeve and overstretch edges.
14. Stitch the sleeves into the armhole, easing in fabric in caps. Overstretch edges.
15. Iron in the seam allowance of the bottom of the garment onto the wrong side, fold in and stitch.
16. Make buttonholes on the right side of the inset and sew on buttons on the left side.