

## Sewing Pattern — Dress 5793

Recommendations on fabric: natural / mixed knit fabric of medium to high stretchiness.

You will also need: fusible interfacing, knit tape (or bias tape) of 4cm wide for trimming the sleeve hem.

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: hem of the dress and hem of sleeve – 0 cm, cross edge of top front part — 2 cm, all other seams - 1 cm

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



### **CUTTING:**

(On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

#### Fabric:

1. Upper back bodice – cut 2
2. Lower back skirt – cut 1
3. Inner back skirt – cut 1
4. Upper front bodice – cut 2
5. Inner front skirt – cut 1
6. Lower front skirt – cut 1
7. Front skirt panel — cut 1
8. Front neckline facing – cut 1
9. Back neckline facing – cut 1
10. Sleeve –cut 2
11. Belt (tie) — cut 2

**Advice:**

Knit fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

**INSTRUCTIONS:**

1. Apply fusing to back part and front neckline facing. Serge outer edge of the facing.
2. Sew darts on front bodice. Press toward hem. Serge the cross edge of bodice front, turn under and topstitch. Make pleats according to marked lines of top edge. Make a gathering stitch along lower edge to the first notch and gather. Amount of gathers is mentioned on the pattern. Place right front bodice onto left one, baste in place.
3. Sew center edge of back part. Serge and press.
4. Sew shoulder seams. Serge seams and press towards back.
5. Sew edges of front and back facings together. Serge seams and press. Place facing onto neck edge, matching marks and shoulder seams. Sew, clip curves, and press seam toward facing. Understitch. Turn facing to wrong side, and press.
6. Serge, turn under, and topstitch vertical edge of front skirt panel. Serge bottom edge with narrow rolled seam. Baste together front skirt panel and lower front along waist edge.
7. Fold each belt (tie) in half lengthwise, right sides together, and sew on two sides. Turn right side out and press.
8. Pin lower front skirt and back skirt, right sides together. Insert one belt tie into each side seam, leaving 1 cm to top edge and sew. Serge and press towards front.
9. Sew side edges of back and front inner parts. Serge seams and press towards back.
10. Place top skirt over inner skirt, matching seams and sew around waist. Sew skirt to bodice. Serge and press seam toward bottom.
11. Sew a gathering stitch along lower edge of sleeve and gather to necessary circumference of finished hem. Finish the hem of sleeve by encasing the gathered edge with bias tape. Sew seams of sleeve. Serge seams and press.
12. Sew sleeve into armhole, aligning notches. Serge seams and press.
13. Serge lower edges of the garment with narrow rolled seam, slightly stretching the seam (this will give it a wavy effect).

**TECHNICAL DRAWING:**

