

Sewing Pattern — Sarafan 5890

Recommendations on fabric: cotton fabric.

You will also need: bias tape, blind zipper, elastic cord, cord clamber.

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: along the edge of the garment and along top edge of pocket - 3 cm, top edge of back part and of front part, along edges of the armhole – 0 cm, all other seams - 1 cm

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Main fabric:

1. Back part – 2 details
2. Front part – 1 detail
3. Pocket – 2 details

INSTRUCTIONS:

1. Mark and sew bust and waist darts on front part. Press bust darts upwards, waist darts – towards center of front part.
2. Mark and sew darts on back part. Press darts towards center of back part.
3. Press upper edge of pocket first at 1 cm, a then again at 2 cm. Topstitch top seam allowance with double stitch at 0.1 and 0.7 cm. Press side and lower edges of pocket at 1 cm. Topstitch pocket onto back part according to markers with double stitch.
4. Sew center edge of back part, press and serge.
5. Overstitch top edges of back part and of front part with bias tape.
6. Serge edges of left side seam. Sew left side seam from zipper marker up to hem. Press seam apart. Sew in zipper.
7. Overstitch edges of the armhole with bias tape, shaping a strap. Adjust strap length previously when trying on.
8. Sew right side edge. Press seam to back part and serge.
9. Serge 2 buttonholes along the lower edge of sarafan near left side seam. Press seam allowances on hem of the garment at 1 cm, and then again at 2 cm. Run the cord through the clamber, then put into buttonholes and fasten from wrong side of the garment near allowance of right side seam. Topstitch hem.

TECHNICAL DRAWING:

