

High Waist Dress - Sewing Pattern #2732

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; 3 buttons; elastic thread; dress zipper.

Seam allowances: all seam allowances - 1.0 cm, seam allowance along hem of garment and hem of sleeve - 2 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 1 on fold
2. Lower back - cut 1 on fold
3. Upper front - cut 2
4. Lower front - cut 1 on fold
5. Sleeve - cut 2
6. Center front facing - cut 2

7. Back neck facing – cut 1
8. Flounce – cut 1 on fold

Fusible interfacing:

1. Center front facing – cut 2
2. Back neck facing – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew darts on back, press bulk towards center. Sew darts on front, trim bulk with serger to 1 cm and press towards the center.
3. Sew shoulder seams, press seam allowances towards back and serge.
4. Fold the flounce in half lengthwise, wrong sides together and press. Sew a gathering stitch along the long unfinished edge and gather fullness. Sew the flounce to the right center front edge, to the right neckline, to the back neckline, to the left neckline.
5. Sew shoulder edges of center front facings and back neckline facing, press the seam apart. Serge the outer edge. Pin center front facings onto garment right sides together and sew the right center edge, the right neckline, the back neckline, the left neckline (the flounce is placed between the pieces) . Clip into curves, fold center front facings and neckline facing onto wrong side, straighten, press. Sew to garment by hand along the shoulder seams. Serge center edge of left front. Put right front onto left front, matching center lines, and topstitch along the right center edge.
6. Sew a gathering stitch along the upper edge of lower back and gather fullness. Sew lower back to upper back, press towards top and serge.
7. Sew a gathering stitch along the upper edge of lower front and gather fullness. Sew lower front to upper front, press towards top and serge.
8. Serge separately left side edges. Sew the left side seam from the armhole to the zipper marking and from the zipper marking to the hem, press the seam apart, pressing the slit for zipper at the same time. Sew in zipper. Sew right side seam, press seam allowances towards back and serge.
9. Sew sleeve seam, press the seam allowances towards the back piece and serge. Sew sleeves into armholes, press seam, serge.
10. Press hem of garment and hem of sleeve onto wrong side at 1 cm, then again at 1 cm and topstitch.
11. Sew two parallel stitch lines using elastic thread along the hem of the sleeves, on the marked line.

12. Sew on buttons on front according to markings.

TECHNICAL DRAWING:

