

## Sewing Pattern — Blouse 5790

Recommendations on fabric: natural or mixed, medium to high stretch knit fabric

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hem – 1.5 cm, all other seams 0.8 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

### **CUTTING:**

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

#### **Fabric:**

1. Back – 1 folded detail
2. Front – 1 folded detail
3. Front yoke – 1 detail
4. Sleeve – 2 details
5. Collar – 1 detail
6. Cuff – 2 details

**Note!** Before starting to sew the garment, please check your head gets through the collar that is stitched into a ring.

#### **Advice:**

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.



**INSTRUCTIONS:**

1. Put a gathering stitch on top edge of front and gather ruffles. Stitch front yoke to front. Serge seam and press it upwards.
2. Sew shoulder and side edges, serge and press seams toward back.
3. Sew collar into ring. Fold in half lengthwise and sew into the neckline, placing collar seam near left shoulder seam.
4. Sew sleeve seam. Put gathering stitch on lower edge of sleeve and gather ruffles. Sew cuff into ring. Fold in half lengthwise and stitch to sleeve. Serge and press seam upwards. Sew sleeve into armhole. Serge and press seam.
5. Serge hem of garment. Turn to wrong side, press and topstitch.

**TECHNICAL DRAWING:**

