

Sewing Pattern — Tunic 5978

Recommendations on fabric: natural or mixed, medium to high stretch knit fabric; cotton of same color.

You will also need: 5 buttons

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hem of tunic, hem of knit sleeve – 1.5 cm; on back and front inset neckline, front inset one-piece placket edge, stand collar edges, cuss edges, side and lower edges of sleeve — 1.0 cm; all other seams 0.7 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Knit fabric:

1. Back - cut 2
2. Front yoke — cut 1
3. Front — cut 1
4. Knit sleeve — cut 2

Cotton fabric:

1. Back inset - cut 1
2. Front inset — cut 2
3. Sleeve — cut 2
4. Cuff — cut 2
5. Stand collar – cut 2



INSTRUCTIONS:

1. Sew middle edge of back. Press seams to left and serge. Sew inset to back, press seam upwards and serge.
2. Stitch tucks on front inset, press them toward armhole. Press one-piece placket to wrong side, turn inside allowance at 1 cm and topstitch. Serge buttonholes on right inset. Put right inset onto left one and fasten on lower edge. Sew inset to front yoke, press allowances downwards and serge. Sew yoke to front, press allowances upwards and serge.
3. Sew shoulder and side seams. Press allowances to back and serge.
4. Put stand collars right side together and stitch outer edge, starting and ending stitch exactly at stand collar connecting seam. Clip on curves, turn right side out and press.
5. Sew outer stand collar into neckline, turn inside open edge of inner stand collar and topstitch into connecting seam.
6. Serge lower edge of knit sleeve. Turn to wrong side, press and topstitch. Sew sleeve seam, press and serge seam allowances.
7. Cut a bias tape of 18x3 cm for trimming sleeve edge. Mark closure line on sleeve, slit sleeve on the line. Lay sleeve on slit line into and finish edge with piping seam with closed edge. Width of piping (trimming) is 0.5 – 0.7 cm. Seam width on slit length is 0.5 – 0.7 cm, in upper part of slit it goes to 0.2 cm.
8. Sew and serge cotton sleeve edges. Insert sleeve into knit sleeve, fasten on curve and then process as one detail. Sew sleeves into armholes matching notches.
9. Fold cuffs in half and stitch short sides. Turn cuffs out and press. Make pleats on sleeve according to marked lines. Sew outer edge of cuff to sleeve. Turn inside inner edge of cuff and topstitch into connecting seam. Serge buttonholes and sew buttons on cuffs.
10. Serge hem of tunic. Turn to wrong side, press and topstitch.
11. Sew buttons on left inset.

TECHNICAL DRAWING:

