

Dress With Pleated Yoke - Sewing Pattern #2407

Recommendations on fabric: thick natural/mixed knit fabric of small stretchiness.

You will also need: knit fusible interfacing, dress zipper.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment – 2 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

- 1. Back cut 2
- 2. Upper front cut 1 on fold



- 3. Lower front cut 1 on fold
- 4. Gore cut 2
- 5. Front neck facing cut 1
- 6. Back neck facing cut 2

Fusible interfacing:

- 1. Front neck facing cut 1
- 2. Back neck facing cut 2

INSTRUCTIONS:

- 1. Serge separately center back edges. Sew center edge from notch for zipper to bottom. Press seam apart. Sew in zipper.
- 2. Make pleats on upper front, baste pleats along the lower edge. Sew gore to upper front. Serge and press towards gore.
- 3. Sew side seams. Serge seams and press towards back.
- 4. Sew the horizontal princess seam, sewing the gore at the same time, and slashing into the corner of seam allowance on the back. Serge and press towards bottom.
- 5. Sew shoulder seams, and continue sewing the edges of one-piece collar. Clip into curves. Serge the shoulder seam area and press towards back.
- 6. Sew shoulder seams facings. Clip seam allowances. Serge lower edge. Pin neckline facings to garment right sides together and sew the neckline. Fold facings onto wrong side, press seam. Slipstitch facings to shoulder seams and to zipper tape by hand.
- 7. Serge lower edge of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:



