

## Blouse With Pleats - Sewing Pattern #2320

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 8 buttons.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment - 2 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 2
2. Front - cut 1
3. Stand collar - cut 2
4. Sleeve - cut 2
5. Cuff - cut 2

Fusible interfacing:

1. Stand collar - cut 1
2. Cuff - cut 2

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Sew the bust dart, press bulk towards top. Make and baste pleats on front neckline (fold bulk towards center).
3. Serge separately center back edges. Sew center back seam from notch to bottom edge, press seam apart. Sew a decorative stitch along the slit at 0.2 cm.
4. Sew shoulder and side seams, press seams towards back and serge.
5. Cut (or take ready) bias tape, its width should equal 3 cm and its length should equal 7 cm. Fold tape in half lengthwise and sew a stitch at 0.3 from fold. Trim seam allowances and turn the piece right side out. Adjust length of the loop.
6. Pin together parts of stand collar, right sides together and sew along outer edge and ends, inserting the loop, start and stop stitching exactly at the seam line of collar stand. Clip into curves, trim away corners, turn stand collar right side out, straighten, press. Sew outer stand collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.
7. Sew a gathering stitch along lower edge of sleeve and gather fullness. Sew sleeve edges separately. Sew sleeve seam from armhole up to mark for slit, press seam apart. Topstitch slit at 0.1 cm from fold. Sew sleeves into armholes, serge and press.
8. Pin cuffs together, right sides together and sew side edges. Start and stop stitching exactly at the marked seam line cuffs. Turn the piece right side out, press. Sew outer side of cuff to sleeve, fold inside the seam allowance of inner cuff and stitch-in-the ditch into seam of outer cuff.
9. Press lower edge of garment onto wrong side two times at 1 cm and topstitch.
10. Sew on button on stand collar. Make buttonholes on cuffs, sew on buttons. Sew decorative buttons at stand collar above pleats.

## **TECHNICAL DRAWING:**

