

## Sewing Pattern — Sweatshirt 4011

Recommendations on fabric: sweatshirt fabric or fleece of medium stretchiness (natural or mixed)

You will also need: separating zipper; bias tape of main fabric color

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: pocket opening – 0 cm, all other seams - 1 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



### **CUTTING:**

(On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

#### Main fabric:

1. Center right front – cut 1
2. Center left front – cut 1
3. Side front – cut 2
4. Center back – cut 2
5. Side back– cut 2
6. Sleeve – cut 2
7. Collar –cut 2
8. Waistband – cut 1
9. Cuff – cut 2
10. Pocket lining – cut 2

Advice: sew knit pieces with special elastic/zig-zag stitches. If you use an overlock, cut seam allowances to 0.6-0.8 cm width. Topstitch hem allowances with double needle to save elasticity.

## **INSTRUCTIONS:**

1. Cut bias tape from main fabric as long as pocket opening. Fold in half lengthwise and press. Unfold and press long edges towards center. Fold in half lengthwise and press. Sew bias tape to pocket edge. Serge rounded edge of pocket lining. Place side front onto lining and topstitch along rounded part. Sew lining to side front along the lower edge with the stitch at 0.5 cm from hem.
2. Sew princess seams on back part. Serge and press the seam towards center. Topstitch at 0.5 cm from the seam. Sew center edge of back part. Serge and press onto left side and topstitch at 0.5 cm from the seam.
3. Sew princess edge of right side of the front. Serge, press to side edge and topstitch at 0.5 cm from the seam.
4. Sew side seams. Serge and press towards back.
5. Serge outer edge of center left front. Turn seam allowance inside and topstitch.
6. Stitch upper edge of waistband to lower edge of the garment, slightly stretching it. Serge lower edge of the waistband. Place left part of the zipper onto left princess edge, starting from the fold of waistband and finishing near zipper mark with teeth to side seam. Put center left front onto zipper, envelope the zipper with lower part of the waistband and sew with one seam. Turn the waistband out. Serge and press to side edge. Topstitch at 0.5 cm off the seam. Serge outer edge of center right front. Put right part of the zipper onto outer edge of right front, starting from the fold of lower waistband and finishing near top edge with teeth to side seam. Envelope zipper with lower part of the waistband and stitch. Turn waistband to right side. Topstitch at 0.5 cm from the seam. Turn inner edge of the waistband upwards and stitch into connecting seam of outer part of the waistband.
7. Sew shoulder seams. Serge, press towards back and topstitch at 0.5 from the edge.
8. Fold collars right sides together and stitch along outer edge. Turn collar right side out and press. Topstitch along outer edge at 0.5 cm from the edge. Sew collar to neckline. Fold bias tape in half lengthwise wrong sides together and press. Apply bias tape to seam. Turn bias tape and topstitch it onto sweatshirt, covering the collar connecting seam. Turn the ends of bias tape inside.
9. Sew sleeve seam. Serge and press to back part of sleeve. Fold cuff right sides together and sew into ring. Turn cuff onto right side. Fold cuff in half lengthwise and stitch to the sleeve. Serge. Sew in the sleeve, matching notches. Serge and press the seam toward the back. Topstitch at 0.5 cm from the seam.

## **TECHNICAL DRAWING:**

