

Dress With Insets - Sewing Pattern #2256

Recommendations on fabric: natural/mixed knit fabric of small stretchiness in contrasting or similar color.

You will also need: fusible interfacing; dress zipper.

Seam allowances: Seam allowance along hem of garment and hem of sleeve – 2.0 cm. Other seams – 1.0 cm

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.



Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

- 1. Center back cut 2
- 2. Side back cut 2



- 3. Side front cut 2
- 4. Center front cut 2
- 5. Back neck facing cut 2

Main fabric 1:

- 1. Upper front right cut 1
- 2. Upper front left cut 1
- 3. Front inset cut 2
- 4. Sleeve cut 2
- 5. Front neck facing cut 1

Fusible interfacing:

- 1. Back neck facing cut 2
- 2. Front neck facing cut 1

INSTRUCTIONS:

- 1. Apply fusible interfacing.
- 2. Sew side backs to center back, press towards center and serge.
- 3. Serge separately center back edges. Sew center back seam from notch for zipper to bottom, press seam apart. Sew in zipper.
- 4. Sew right front inset to right side front, press towards center, serge. Sew center front to right inset, press towards center, serge. Sew left front inset to central part, press towards center, serge. Make and baste pleat on upper right front. Sew upper right front to lower right front, press towards top and serge.
- 5. Make and baste pleats on upper left front. Sew upper left front to lower side left front, press towards top and serge. Sew left front to right front, press towards center, serge.
- 6. Sew side and shoulder seams, press seams towards back and serge.
- 7. Sew shoulder seams of neck facings, press seam apart. Serge outer edge. Pin facings to garment right sides together and sew the neckline. Clip into curves, turn pieces right side out. Slipstitch facing to garment along shoulder seams, front seam and zipper tape.
- 8. Sew sleeve seam, press seams towards back and serge. Sew sleeves into armholes, matching notches. Serge and press.
- 9. Serge lower edge of garment and hem of sleeve, press onto wrong side and topstitch.



TECHNICAL DRAWING:

