

Blouse With Pleated Hem - Sewing Pattern #2216

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 12 buttons.

Seam allowances: Seam allowance for hem of garment - 2 cm; other seams - 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back yoke - cut 1
2. Center back - cut 1 on fold
3. Side back - cut 2
4. Back peplum - cut 2
5. Center front - cut 2
6. Side front - cut 2
7. Front peplum - cut 2

8. Sleeve – cut 2
9. Cuff — cut 4
10. Sleeve placket — cut 2
11. Stand collar – cut 2
12. Collar – cut 2

Fusible interfacing:

1. Sleeve placket — cut 2
2. Stand collar – cut 1
3. Cuff – cut 2
4. Collar – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Make and baste pleats on back peplum (press bulk towards side seam). Sew side back to back peplum, press towards top and serge.
3. Sew side backs to center back, press towards center and serge. Sew yoke to back, press towards top and serge.
4. Right front: Fold front along the lines "center front edge" and "center front edge of hidden placket" towards the wrong side and press. Sew a decorative stitch along the inner edge of placket at 3 cm from the edge center front facings. Fold internal part of the placket towards center front. Press, make buttonholes. Left front: Add seam allowance of 1 cm to the line marked as "inner edge of placket", trim the rest. Fold under the placket at 1 cm, and press, then fold under at the line "center front edge" (Krai borta) and sew a decorative stitch along the inner edge of the placket.
5. Make and baste pleats at the front peplum (press bulk towards side seam). Sew side front to front peplum, press towards top and serge. Sew side fronts to front, press towards center and serge.
6. Sew yoke to front, press seam allowances towards yoke and serge.
7. Pin upper collar to lower collar, right sides together. Sew ends of collar and collar fall. Trim seam allowances, trim away corners. Turn the collar right side out, straighten and press. Pin stand collars together, right sides together, put ready collar between them, adjust notches and sew, sewing ends of stand collar at the same time. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn finished collar right side out and press. Sew upper stand collar with collar into neckline, fold raw edge of lower stand collar and stitch-in-the-ditch along seam of upper stand collar.
8. Sew side seams, press seams towards back and serge.

9. Sleeve slit: Slash the sleeve along the marked line, clip into the corner in the upper edge of the slit. Fold under the area from the slit to the marked line (1.7 cm long), fold it under two times at 0.5 cm and topstitch. Fold placket in half lengthwise tight sides together and sew corner up to perpendicular mark. Trim seam allowances close to stitch line, clip into seam allowance near the end of stitch line. Fold placket to the right side, press and topstitch at 0.1 cm along the fold line up to perpendicular line. Pin placket to sleeve right side together and sew along the marked line. Slash sleeve near the end of stitch line from slit to the seam. Fold placket onto the right side, fold under the raw edge and sew. Match the placket to the marked line on the sleeve and topstitch the upper corner along the contour and along the perpendicular mark.
10. Sew sleeve seam, press towards back and serge. Make and baste pleats along the lower edge of the sleeve.
11. Sew sleeves into armholes, serge and press.
12. Fold cuff in half lengthwise, right sides together and sew short sides and corner. Start stitching exactly at the line which marks the seam between cuff and sleeve. Clip into seam allowances near the notch, turn cuff right side out and press. Sew outer side of cuff to lower edge of sleeve. Fold inside inner side of cuff and stitch in the ditch.
13. Turn hem under inside at 1 cm, then again at 1 cm and topstitch.
14. Make a buttonhole on the stand collar. Make buttonholes on cuffs. Sew on buttons on left front so that they match the buttonholes. Sew on buttons onto cuffs.

TECHNICAL DRAWING:

