

## Sarafan With Belt - Sewing Pattern #2213

Recommendations on fabric: natural/mixed suiting fabrics.

You will also need: fusible interfacing; 1 dress zipper; lining.

Seam allowances: all seams 1 cm; seam allowance for hem – 2.0 cm; upper seam allowance of pocket – 3 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



## CUTTING:

### Note on cutting:

*On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*

*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:

1. Upper back – cut 2
2. Lower back – cut 2
3. Upper front – cut 2
4. Lower front – cut 2
5. Front neck facing – cut 2
6. Back neck facing – cut 2
7. Belt Loop – cut 1

8. Belt – cut 1
9. Pocket – cut 2

Lining:

1. Upper back – cut 2
2. Lower back – cut 2
3. Upper front – cut 2
4. Lower front – cut 2

Fusible interfacing:

1. Back neck facing – cut 2
2. Front neck facing – cut 2
3. Belt – cut 1

Bodice lining is cut sing the pattern blocks for the main fabric except for the width of the neckline facings.

## INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew waist darts on upper back, press bulk towards center.
3. Sew darts on upper fronts, cut away the bulk of the dart leaving 1 cm and press towards center.
4. Sew shoulder seams of upper parts. Press seam apart.
5. Sew shoulder seams of neck facings. Press seam apart.
6. Sew darts on upper parts of lining. Cut away the bulk of the dart to 1 cm. Press towards center. Sew lining to neckline facings, press seam allowances towards facings. Pin lining to the garment right sides together and sew neckline and armhole. Clip seam allowances, turn pieces right side out and press. Put right front onto left front and baste together along lower edge.
7. Serge pocket around all edges, fold inside upper seam allowance onto wrong side and topstitch. Fold under the side edge and the lower edge and press. Topstitch pocket according to markings at lower front.
8. Sew darts on lower front and lower back. Press bulk towards center. Serge center front edges separately. Sew center front seam from top to the notch marking the slit, press seam apart. Sew a fastening stitch along the slit at 0.5 cm from the edge. Sew side seams, serge seams and press towards back.
9. Sew darts on lower parts of lining for back and for front. Press bulk towards center.
10. Sew side seams of lining, serge seams and press towards back. Serge lower edge of lining, fold inside onto

wrong side and topstitch.

11. Pin together the lower part and the lining, inserting the bodice of the sundress in between. Topstitch the seam allowance along the seam onto lining, at 0.2 – 0.3 cm from the edge. Press seam.
12. Baste top to lining along the centre back edge. Serge separately center edge of back. Sew center back seam from notch for zipper to bottom. Press apart center seam. Sew in zipper.
13. Serge one longer edge of the belt loop. Fold the serged edges under and topstitch along the longer edges. Cut belt loop into 4 pieces. Topstitch belt loops onto waist near the darts.
14. Serge the seam allowances along the hem of garment, press onto wrong side and topstitch.
15. Fold belt in half lengthwise right sides together and sew, and leave an opening unsewn along the lower edge, so that you can turn out the piece later. Turn right side out belt, straighten and press. Sew the opening closed.

## TECHNICAL DRAWING:

