

Dress - Sewing Pattern #4019

Recommendations on fabric: natural/mixed knit fabric of medium stretchiness.

You will also need: decorative cord.

Seam allowances: seam allowance for hem of dress – 2 cm; seam allowances for neckline, seam allowances for armholes – 1.5 cm; seam allowances for edges of casings for drawstrings – 0 cm; other seam allowances 0.7 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Left back – cut 1
2. Right back – cut 1



3. Front – cut 1
4. Side front – cut 1
5. Casing for drawstring on sleeve – cut 2
6. Casing for drawstring on princess seam – cut 2

INSTRUCTIONS:

1. Fold short edges of casing for drawstring onto wrong side by 1 cm and press. Fold casing for drawstring in half lengthwise, wrong sides together, press.
2. Sew center back seam, press.
3. Pin or baste casings for drawstring on front princess seam from top notch down. Fold of casing for drawstring faces the opposite direction from the edge. Sew side front to front, press.
4. Sew side seams, press.
5. Sew left shoulder seam, press.
6. Serge the neckline, press onto wrong side and topstitch. Serge seam allowances for left armhole, press onto wrong side and topstitch. Clip into seam allowance on right back in corner near cap sleeve. Serge right armhole, press onto wrong side and topstitch.
7. Pin or baste casings for drawstrings on right shoulder edge. Fold of casing for drawstring faces the opposite direction from the edge. Sew right shoulder seam, press.
8. Serge bottom edge of garment, press onto wrong side and topstitch.
9. Thread cord through the casings: first through one casing from bottom to top, then through the other casing from top to bottom.

TECHNICAL DRAWING:

