

## Dress With Waist Inset - Sewing Pattern #2106

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: dress zipper; fusible interfacing.

Seam allowances: all seams 1 cm. Seam allowance along hem of garment and hem of sleeve - 2.0 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 2
2. Back inset - cut 2
3. Lower back - cut 2
4. Lower front - cut 1 on fold
5. Front inset - cut 1
6. Upper front - cut 1
7. Sleeve - cut 2

- 8. Back neck facing – cut 2
- 9. Front neck facing – cut 1

Fusible interfacing:

- 1. Back neck facing – cut 2
- 2. Front neck facing – cut 1

## INSTRUCTIONS:

- 1. Apply fusible interfacing.
- 2. Sew darts on upper backs, press bulk towards center of pieces. Sew back inset to upper back, press seam allowances towards inset and serge.
- 3. Sew a gathering stitch along the upper edge of lower back and gather fullness. Sew lower back to back inset, press towards top and serge.
- 4. Serge center back edges separately. Sew center edge from notch for zipper to bottom, press seam apart. Sew in zipper.
- 5. Sew darts on upper fronts. Press the bulk of waist darts towards center, press the bulk of bust darts towards top. Sew front inset to upper front, press seam allowances towards inset and serge.
- 6. Sew a gathering stitch along the upper edge of lower front and gather fullness. Sew lower front to front inset, press towards top and serge.
- 7. Sew side and shoulder seams, press seams towards back and serge.
- 8. Sew shoulder seams of neck facings, press seam apart. Serge outer edge. Pin facing to garment right sides together and sew the neckline. Fold facing onto wrong side, straighten, press. Slip stitch facing to self garment along shoulder seams and center back seam.
- 9. Sew sleeve seam, press seams towards back and serge. Sew sleeves into armholes matching notches and adjusting ease, serge and press.
- 10. Serge hem of garment and lower edge of sleeve, press onto wrong side and topstitch.

## TECHNICAL DRAWING:

