

## Sewing Pattern — Dress 4040

Recommendations on fabric: well draping knitted fabric of natural or mixed fibers.

You will also need: atlas tape of 2 cm wide ( length is mentioned on front part pattern).

If the pattern has double contour the seam allowances are included.

Seam allowances are NOT included by default and need to be added when laying out and cutting details if your pattern has single contour.

Seam allowance: hem and hem of sleeve – 1.5 cm, back part /front part neckline edge– 1.5 cm, all other seams - 0.7 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.

### **CUTTING:**

Knitted fabric:

1. Upper back part – 2 details
2. Lower back part – 1 detail
3. Side front part – 1 detail
4. Upper front part – 1 detail
5. Lower front part – 1 detail
6. Sleeve – 2 details

Advice:

Knitted fabric details are sewn together with special elastic or narrow zig-zag stitch. When serging cut seam allowances to 0.6 – 0.8 cm. Seam allowance on turnup is stitched with twin needles to save stretchiness. Details also can be sewn together via 3 or 4 – threaded serger.

### **INSTRUCTIONS:**

1. Sew center edge of back part. Serge the seam and press.
2. Cut atlas tape in half. Turn one end twice inside at 0.3-0.5 cm and topstitch. Stitch loosely along princess edge of front part and gather ruffles starting at «arrow» marker up to hem. Sew princess edge of front part, inserting the tape into the seam. Serge the seam and press towards side part.
3. Sew shoulder and side edges of upper back part / front part, inserting the tape into left side seam. Serge and press seam allowances to back part.

4. Sew lower parts of back part and front part. Press seam allowances towards back part and serge.
5. Sew upper and lower parts of the dress. Serge and press the seam upwards.
6. Sew seams of sleeves. Press seam allowances and serge.
7. Sew sleeve into armhole, easing in on rounded part and leveling notches. Press and serge seam allowances.
8. Serge hem of garment and lower edge of sleeve. Turn onto wrong side, press and topstitch.
9. Serge neckline edge, turn onto wrong side and topstitch.

**TECHNICAL DRAWING:**

