

Sewing Pattern — One-piecer (saruel pants) 4045

Recommendations on fabric: natural or mixed knit fabric of medium stretchiness.

You will also need: elastic yarn; elastic of 0.5 cm wide

If the pattern has double contour the seam allowances are included.

Seam allowances are NOT included by default and need to be added when laying out and cutting details if your pattern has single contour.

Seam allowance: top edge of back part and of top front part — 1.5 cm, all other seams - 0.7 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Main fabric:

1. Trouser leg – 2 details on fold
2. Belt – 2 details
3. Cuff – 2 details
4. Upper front part — 1 detail
5. Lower front part — 1 detail
6. Back part — 1 detail

Advice:

Knitted fabric details are sewn together with special elastic or can be sewn together via 3 or 4 – threaded serger.

INSTRUCTIONS:

1. Sew side and lower (leg) edges of trousers. Press the seams. Stitch loosely along lower edge (hole for the leg) and gather ruffles. Make pleats along top edge of trousers according to markers, depths are directed towards center of the detail.
2. Fold cuffs in half right sides together and sew into ring. Turn cuffs right side out, fold in half lengthwise wrong sides together and press. Stitch cuffs to lower edge. Loosen the ruffle after connecting the cuffs.

3. Mark and serge 4 holes for the elastic on inner belt. Fold the belts right sides together and sew into ring. Turn details right side out and press. Fold the belts right sides together, insert upper edge of trousers between them and stitch. Turn details out and press. Put the stitch along marked lines on lockstitch machine. Stitch loosely along top edge of the belt, connecting outer and inner belts at the same time. Gather ruffles.
4. Sew darts on upper front part. Cut off depths with the serger. Make pleats on lower front part according to markers, depths are directed towards center of the detail. Sew together upper and lower front parts. Press the seam. Sew side seams. Press the seams.
5. Stitch upper part of one-piecer to lower part. Serge top edge of one-piecer, turn inside and topstitch. Put the stitch with elastic yarn along marked lines. Elastic yarn is on the wrong side. Run the elastic into the belt.
6. Cut the strap of 8*4 cm and the tie of 100*4 cm. Fold the strap in half lengthwise right sides together and sew longitudinal edge. Turn the strap out, placing seam in the center of the detail, press, and then press in the center crosswise. Stitch the strap to front part. Sew the tie. Run the tie through the strap and tie at the back.

TECHNICAL DRAWING:

