

Recommendations on fabric: medium stretch-knit, natural or mixed fabric.

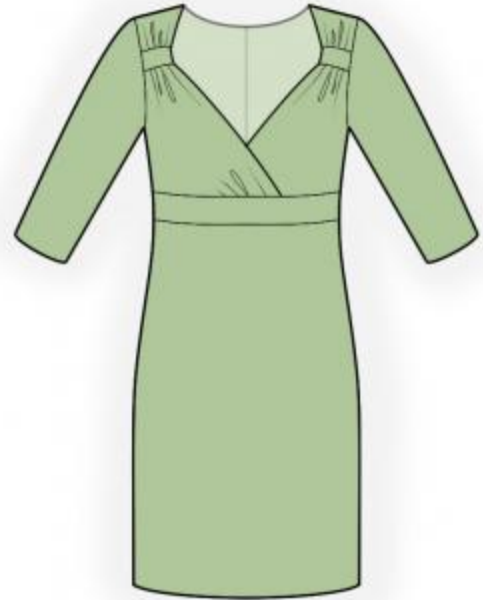
Seam allowances: back/front neckline - 1.5 cm, hems – 2.0 cm, other seams – 0.7 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

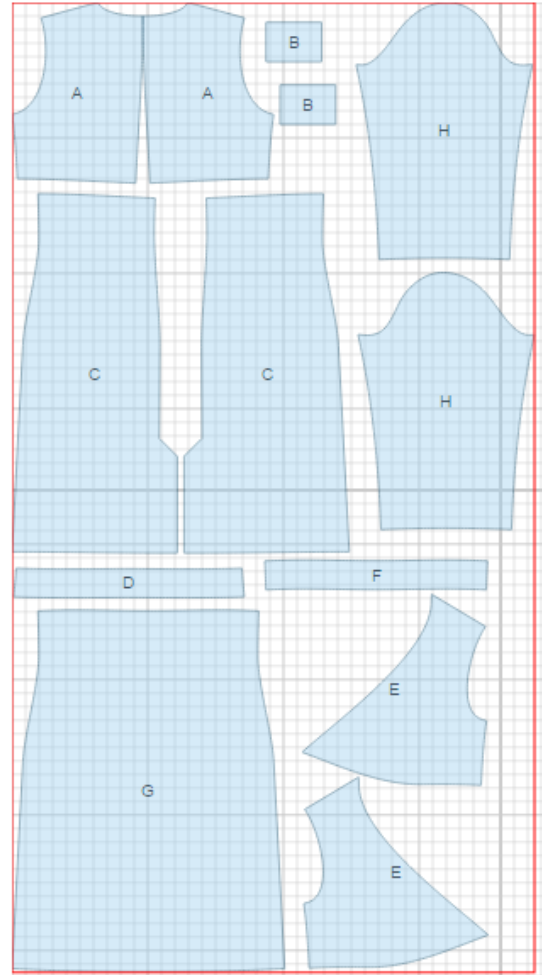
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Main fabric:

1. Upper back - cut 2 (A)
2. Strap - cut 2 (B)
3. Lower back- cut 2 (C)
4. Back insert - cut 1 (D)
5. Upper front - cut 2 (E)
6. Front insert - cut 1 (F)
7. Lower front - cut 1 (G)
8. Sleeve - cut 2 (H)



Advice: Knit fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

INSTRUCTIONS:

1. Sew center back seam on upper back. Serge and press seam. Sew center back seam on lower back and vent to hem. Serge and press seam and vent towards left side. Topstitch vent seam allowance on upper edge.
2. Sew shoulder seams. Serge and press seams.
3. Serge neckline and center front crossover edges. Turn under and topstitch.
4. Make a gathering stitch on upper front lower edges, from center to mark. Gather fullness. Lay right piece over left, adjust gathers, and baste.
5. Sew front insert to upper front, serge and press seam. Sew back insert to upper back, serge and press seam.
6. Sew lower back and lower front to inserts, serge and press seams.
7. Fold strap in half, right sides together, and sew long edge. Turn strap right side out, straighten and press. Pin strap on front, around the bodice, and baste each short edge of strap to armhole. (Refer to drawing)
8. Sew sleeves into open armholes. Serge and press seams.
9. Sew side seam and sleeve seam with one continuous stitch. Serge and press seam.
10. Serge lower edge of dress and of sleeves, fold to wrong side, press, and topstitch.

TECHNICAL DRAWING:

