

Recommendations on fabric: heavy-weight, low to medium stretch-knit fabric.

You will also need: knit bias tape of contrast colour (length is shown on front pattern piece), 4 buttons.

Seam allowances: hem and lower edge of sleeve – 2.0 cm, on neckline - 0 cm, right front edge to slit - 0 cm, other seams – 1.0 cm.

**Note on seam allowances:**

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

**Note on length of fabric:**

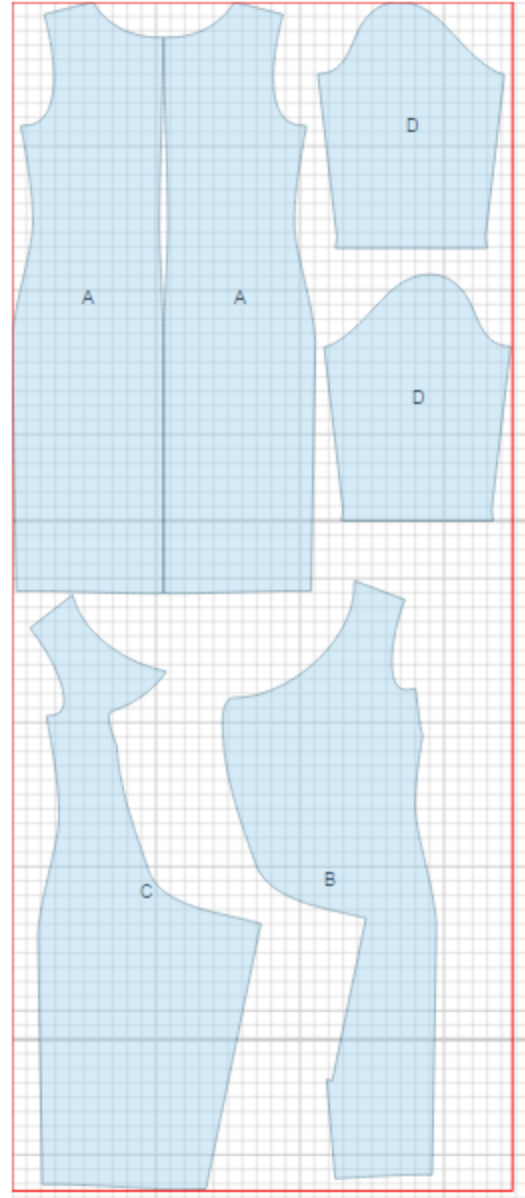
*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



**CUTTING:**

Main fabric:

1. Back - cut 2 (A)
2. Right front - cut 1 (B)
3. Left front - cut 1 (C)
4. Sleeve - cut 2 (D)



**Advice:** Knit fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

## INSTRUCTIONS:

1. Sew center back seam. Serge and press seam towards left side.
2. Sew dart on right front, cut bulk off with serger if desired and press downwards.
3. Sew shoulder seams. Serge and press towards back.
4. Serge left front along shaped edge. Clip into seam at slit mark. Turn seam allowance under and topstitch along slit at 0.2 cm from the edge.
5. Serge section from slit mark to hem on right front. Turn seam allowance under and topstitch along slit at 0.2 cm from the edge. Finish right front edge, right front neckline, back neckline and left front neckline with knit bias tape. Lay right front on left front, pin along shaped edge and topstitch along seam of bias tape.
6. Sew sleeves into open armholes. Serge and press seam towards sleeve.
7. Sew sleeve and side seam with one continuous stitch, serge and press seams towards back.
8. Serge lower edge of sleeve and lower edge of dress, fold under, press and topstitch.
9. Sew decorative buttons according to technical drawing.

**Sewist Tip:** You can make your own knit binding out of rib knit or stretch jersey. If you use jersey, make sure it has a bit of spandex in it. 100% cotton jersey won't give satisfactory results. You can also use 100% cotton rib knit, but rib knits with a small amount of spandex have better recovery.

Smooth the fabric out on a cutting board, trim off the edge if it is uneven, and cut a strip 1.5" tall. Make sure the strip is cut along the direction of stretch. *Not parallel to the selvage.* Sew strips together as needed for length.

Sew the bias tape to the right side of garment, right sides together, 1 cm from the edge. Stretch it slightly as you sew. Fold the bias tape over the seam allowance toward the back. From the front side, stitch in the ditch. Trim excess fabric close to the seam on the back side.

TECHNICAL DRAWING:

