

Sewing Pattern — Dress 4095

Recommendations on fabric: natural / mixed stretchy knit fabric of 4 colors

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: on hem – 3 cm, along slit – 2 cm, all other seams 0. 7 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Fabric 1:

- 1. Upper back part 1 detail
- 2. Upper front part 1 detail
- 3. Back neckline facing 1 detail
- 4. Front neckline facing 1 detail

Fabric 2:

- 1. Right upper inset 1 detail
- 2. Left upper inset 1 detail
- 3. Top inset of back part 1 detail Fabric 3:

1. Right lower inset — 1 detail

- 2. Left lower inset 1 detail
- 3. Lower inset of back part 1 detail

Fabric 4:

- 1. Lower righ part 1 detail
- 2. Lower left part 1 detail
- 3. Lower back part 1 detail

Advice:

Knitted fabric details are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on turnup is stitched with twin needles to save stretchiness. Details also can be sewn together via 3 or 4 – threaded serger.



INSTRUCTIONS:

- 1. Mark and sew darts on upper back part with a lockstitch machine. Press darts towards detail center.
- 2. Sew upper and lower insets of back part. Stitch insets to top and lower parts of back part correspondingly. Press seams downwards.
- 3. Sew upper and lower right insets. Stitch lower right part of front part. Press seam downwards. Sew right dart on of top front part. Stitch right part to of top front part. Press seam downwards.
- 4. Sew upper and lower left insets. Stitch lower left part of front part. Press seam downwards. Stitch left part to of top front part. Press seam downwards. Sew left inset, stitching left relieve seam up to the slit at the same time.
- 5. Sew shoulder and side edges. Press seams to back part.
- 6. Sew side and shoulder edges of the facings. Press seams to front part. Serge lower edge of the facings. Fold the facing with the dress right sides together and overstitch neckline edge. Slash seam allowances, turn the dress onto right side. Overstitch armhole twice over: first armhole of back part from shoulder up to side edge, then armhole of front part from shoulder up to side edge.
- 7. Serge hem of the garment and slit seam allowance. Press seam allowance inwards along slit and hem. Sew with invisible stitches.
- 8. Fasten facings to side seams allowances.

TECHNICAL DRAWING:



