

Sewing Pattern — Dress 4386

Recommendations on fabric: medium stretch knit fabric.

You will also need: knit fusible interfacing, zipper, decorative clasp

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: on hem of the dress and hem of sleeve – 2 cm; all other seams - 1 cm

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

(On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Main fabric:

1. Central back – cut 2
2. Side back – cut 2
3. Side front – cut 1
4. Central front — cut
5. Sleeve – cut 2
6. Back neckline facing – cut 2
7. Front neckline facing – cut 1
8. Half belt – cut 1

Fusible interfacing:

1. Back neckline facing – cut 2
2. Front neckline facing – cut 1

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

INSTRUCTIONS:

1. Sew darts on central part. Press darts upwards. Make and fasten pleats on front. Direct pleats to center.
2. Sew side front to central front down to slit mark, trimming seam allowance in corner. Trim seam allowances near the mark. In upper part press seam allowances to center and serge. In lower part press seam allowances apart, serge and topstitch along slit edge.
3. Sew back middle edge separately on each detail. Sew middle edge from zipper mark down to hem. Press seam allowances apart, pressing the slit. Sew in zipper.
4. Sew side and central backs, press seam allowances to center and serge.
5. Fold self belt in half lengthwise right side together and stitch long and shaped sides. Turn self belt right side out, straighten, press.
6. Sew shoulder edges, press seams to back and serge. Sew side edges, inserting self-belt. Press seams to back and serge.
7. Sew shoulder edges of back neckline facings, press seam apart. Serge outer edge. Place facing and dress right sides together and stitch neckline edge. Clip on curves, turn facing wrong side out, press and topstitch along outer edge onto main detail. Attach middle edges of facing to zipper tape.
8. Sew sleeve seams. Press and serge seam allowances.
9. Sew sleeves into armholes, matching notches. Press and serge seam allowances.
10. Serge hem of garment and hem of sleeves. Turn to wrong side, press and topstitch.
11. Set self belt into clasp and topstitch into side front connecting seam.

TECHNICAL DRAWING: