

## Sewing Pattern — Blouse 4374

Recommendations on fabric: natural or mixed silk fabrics.

You will also need: fusible interfacing; invisible zipper

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: all seam allowances – 1 cm, hem of the garment – 2.5 cm, hem of sleeve – 1.2 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches. They must match up with corresponding pieces.



### **CUTTING:**

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

### **Fabric:**

1. Upper back - cut 2
2. Lower back - cut 2
3. Upper front - cut 1
4. Lower front - cut 1
5. Sleeve – cut 2
6. Bow – cut 1
7. Front neck facing – cut 1
8. Back neck facing – cut 2

### **Fusible interfacing:**

1. Front neck facing – cut 1
2. Back neck facing – cut 2

## **INSTRUCTIONS:**

1. Apply fusible interfacing to listed pieces.
2. Sew waist darts on backs, press darts toward center. Sew lower back to upper back, serge seam and press upwards.
3. Serge center back edges separately. Sew center back seam from zipper mark downwards. Press seam allowances apart including opening for zipper. Sew in zipper.
4. On upper front lower edge, make and baste pleats, folds of pleats are directed downwards. Sew lower front to upper front, serge and press seam allowances upwards.
5. Sew shoulder and side seams. Serge and press seam allowances toward back.
6. Sew shoulder seams of the facings, press seams apart. Serge outer edge. Make a gathering stitch on top edge of front and gather fullness. Pin facing on garment, right sides together, and sew to neckline. Clip into curves, understitch, turn facings onto wrong side and press.
7. Sew sleeve seam, serge, and press. Serge lower edge of sleeve, press onto wrong side, and topstitch. Make a gathering stitch along sleeve cap and gather fullness. Sew sleeve into armhole, matching notches and adjusting gathers. Serge seam and press.
8. Turn lower edge of the garment under at 1 cm, then again at 1.5 cm and topstitch.
9. Fold bow in half lengthwise, right sides together, and sew short and long side, leaving a slit of 10-15 cm unstitched on the long side for turning. Clip seam allowances in corners, turn right side out, straighten and press. Sew the slit closed. Tie a bow and sew it to garment.

## **TECHNICAL DRAWING:**

