

Sewing Pattern — Dress 4373

Recommendations on fabric: fabric suitable for dresses with lycra

You will also need: invisible zipper

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: all seams - 1 cm; on hem of the dress – 2 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Fabric:

1. Upper back - cut 4 (2 for lining)
2. Lower back - cut 2
3. Back inset — cut 2
4. Upper front – cut 2 (1 for lining)
5. Front inset — cut 1
6. Lower front - cut 1

INSTRUCTIONS:

1. Sew darts on upper and lower backs. Press darts toward center. Stitch inset to lower back. Serge and press seam allowance upwards. Stitch upper part to inset, serge and press seam allowance toward inset. Sew center back seam. Serge and press seam toward left.
2. Make and fasten pleats on front shoulder. On lower front, make pleats and fasten them with temporary stitch. Stitch front inset to lower front. Serge and press seam allowance upwards. Stitch upper front to inset. Serge and press seam allowance on inset.

3. Sew shoulder seams and right side seam, press seam allowances open on bodice. Serge side edge from waist down to hem, press seam toward back.
4. Serge left side edges separately. Sew left side seam from mark downwards. Sew in zipper.
5. Sew center back seam of lining. Press seam allowance open. Sew shoulder and right side seam of lining. Press the seams open. Serge lower edge of lining. Pin lining on dress and sew to neckline. Clip into curves and understitch. Turn lining onto wrong side and press. Sew armhole in two steps: first armhole of front, then armhole of back. Trim seam allowances and press. Slipstitch lining to zipper tape along side seam. Tack lower edge of lining to bodice and inset connecting seam. [Here is a link to a tutorial on the Two-Step Method.](#)
6. Serge lower edge of garment, press onto wrong side, and topstitch.

TECHNICAL DRAWING:

