

## Sewing Pattern — Dress 4340

Recommendations on fabric: natural or mixed dress fabric with stretch in two colors

You will also need: invisible zipper, fusible interfacing

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: all seams - 1 cm; on hem of the dress — 2 cm, on hem of sleeve – 1.5 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



### **CUTTING:**

**Darts:** The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

#### **Advice:**

Knit fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

#### Fabric:

1. Upper center front - cut 1
2. Front inset - cut 1
3. Lower front - cut 1
4. Sleeve - cut 2
5. Front neck facing – cut 1

#### Main fabric 2:

1. Back - cut 2
2. Left front - cut 1
3. Right front — cut 1
4. Back neck facing –cut 2

#### Fusible interfacing:

1. Back neck facing – cut 2
2. Front neck facing – cut 1

## **INSTRUCTIONS:**

1. Apply interfacing to neck facings.
2. Sew a dart on left front, press toward hem.
3. Stitch left front to center upper front. Serge seam and press toward left.
4. Sew together lower and right fronts. Serge seam and press toward hem. Sew front inset to upper and lower fronts. Serge seam allowances and press toward inset.
5. Serge center edges of back separately on each detail. Sew edges from zipper notch downwards. Press the seam open including opening for zipper. Sew in zipper.
6. Sew shoulder and side seams. Serge seam allowances and press towards back.
7. Sew shoulder seams of the facings. Press the seam open and serge. Serge outer edge of the facings. Pin facing to dress, right sides together, matching neck edges. Leave 5 mm to zipper edges, turn the facing back and pin to top edge of the dress. Turn seam allowances along zipper onto right side of the dress and pin to neckline edge on top of facing. Sew neck edge. Clip into curves, understitch, turn under and press. Tack facing to zipper tape.
8. Serge lower edge of sleeve, press under and topstitch. Sew sleeve into armhole, matching notches. Clip seam allowances near notches, press and serge.
9. Cut a bias tape of 4 cm wide and as long as lower part of the armhole + 6 cm. Fold bias tape in half lengthwise, wrong sides together, and press. Sew the bias tape to edge of the armhole from right side, leaving tails. Turn bias tape onto wrong side, trim seams and topstitch to bottom of armhole along fold. Press seam.
10. Serge bottom edge of the dress, press under, and hem with invisible stitches.

## **TECHNICAL DRAWING:**

