

Sewing Pattern — Blouse 4132

Recommendations on fabric: stretch-knit fabric of natural or mixed fibers

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hem and sleeve edges- 2 cm, on neckline – 1.3cm, other seams - 0.7 cm.



Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Fabric 1:

1. Lower front - cut 1
2. Lower back –cut 2
3. Upper sleeve – cut 2
4. Lower sleeve - cut 2

Fabric 2:

1. Upper front –cut 2
2. Upper back – cut 2

INSTRUCTIONS:

1. Make and baste pleats on upper front.
2. Sew center seam of upper and lower backs. Serge and press toward left. Sew upper and lower backs together. Serge and press seam downwards.
3. Sew shoulder seams. Serge seam and press towards back.
4. Serge neckline edge. Turn seam allowance under and topstitch.
5. Place right upper front over left upper front, and baste in place. Sew upper front section to lower front. Serge seam and press downwards.
6. Make a gathering stitch along upper sleeve cap and its lower edge. Pull thread to gather. Adjust to fit lower sleeve edge. Sew lower sleeve to upper sleeve. Serge seam and press downwards. Sew sleeve into armhole, matching marks and adjusting gathers to fit. Serge seam.
7. Sew side seams, sewing edge of sleeve at the same time. Serge seam and press towards back.
8. Serge bottom edge of garment and sleeve edge. Turn onto wrong side, press and topstitch.

TECHNICAL DRAWING: