

Sewing Pattern — Dress 4141

Recommended fabric: well-draping medium stretch-knit fabric of natural or mixed fibers.

You will also need: elastic-2 cm width, elastic -0.5 cm width.

If the pattern has a double line around it, the seam allowances are included.

Seam allowance: on hem – 1.5 cm, on top edge – 2.5 cm, all other seams 0.8 cm.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.

CUTTING:

(The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Main fabric:

1. Upper back – cut 1 on fold
2. Upper front – cut 1 on fold
3. Skirt – cut 2
4. Front top – cut 1
5. Back top– cut 1

INSTRUCTIONS:

1. Sew side seams of the skirt. Serge and press seam toward back.
2. Sew darts on upper front. Sew side seams. Serge and press seam toward back. Sew 2-cm-wide elastic to the upper edge of the top with a little overlapping. Turn seam allowance together with elastic down and topstitch with stretch-stitch (or using coverstitch machine).



3. Place the front and back upper parts as one layer and sew separately the side seam on the outer and inner sides. Press seams. Put the parts right sides together and finish the armhole. Turn out and press.
4. Place parts as one layer on section “3”, put front and back right sides together and sew the section between the markers. Press seam and turn out.
5. Pin front, right side together and serge the corner between notches on the upper part. Clip seam allowance near notches, turn out. Serge the corner on the back in the same way. Intertwist plackets as shown in the picture.
6. Place parts as one layer. Put front and back right sides together on section “2” and sew. Press seam. Fold parts in half lengthwise.
7. To finish the section between round markers, put the part right sides together and, **MAKING SURE** you have checked the possibility of turning the part out, finish the section. Turn out and press.
8. Sew the placket to the upper edges of front and back , making sure notches match.
9. Make a gathering stitch on lower edge of the front and gather fullness. Align the lower edge of the back and front with top. Sew them to the skirt.
10. Topstitch 0.5-cm-wide elastic using zig-zag stitch on the wrong side along the seam between the skirt and the bodice.
11. Serge lower edge of the garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:

