

Sewing Pattern — Sweatshirt With Double Sleeves 6101

Recommendations on fabric: fleece, stretch-knit

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowances: 1 cm for all seams; 2.5 cm for upper sleeve; 2 cm for lower sleeve hem

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

CUTTING:

The word “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Fabric 1:

1. Front - cut 1
2. Back - cut 1
3. Upper sleeve - cut 2
4. Neck band (collar)

Note: Test band length to make sure it will go over your head. Adjust accordingly.

Fabric 2:

1. Lower front
2. Lower back
3. Lower sleeve
4. Pocket welt
5. Large pocket sacking
6. Small pocket sacking



INSTRUCTIONS:

1. Make welt pockets on lower front at marks. Here is a great video tutorial for an [easy single welt pocket](#) construction.
2. Sew lower front to upper front. Serge seam and press toward upper front.
3. Sew lower back to upper back. Serge seam and press toward upper back.
4. Sew shoulder seams. Serge and press seam toward back.
5. Sew neck band into a ring, right sides together. Fold in half. Serge band to neck edge, stretching it evenly. Topstitch seam allowance from right side of garment.
6. Sew upper sleeve to lower sleeve. Serge seam. Press upper sleeve slightly over lower sleeve as illustrated in diagram, and topstitch with a double row of stitches.
7. Sew sleeve into open armhole, serge, and press seam toward garment. Topstitch on garment side.
8. Sew side seam from mark for slit and sleeve seam with one stitch. Serge seam above slit.
9. Serge lower edge of garment back and front. Turn onto wrong side and press hem and slit edges. Topstitch with a double row of stitches.

TECHNICAL DRAWING:

