

Sewing Pattern — Dress 2021

Recommendations on fabric: well draping knit fabric.

You will also need: knit trim or bias tape 4-5 cm wide for overstitching (the length is mentioned on the printed pattern), 2 small buttons.

Seam allowances are included if the pattern has double contour.

Seam allowances are NOT included if your pattern has single contour and need to be added when laying out and cutting details.

Dress: seam allowance along top neckline of back part and of front part and of the edge of the armhole of front part – 0 cm, along hem — 1.5 cm, all other seams 1 cm. Tunic: along central edge of back part - 2 cm, along neckline of back part and of front part — 1.5 cm, along hem — 1.5 cm, all other seams — 1cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.

CUTTING:

Fabric:

Dress:

1. Back part – 1 detail
2. Front part – 1 detail

Tunic:

1. Lower back part – 1 detail
2. Upper back part – 2 details
3. Front part – 1 folded detail

Advice: use special elastic seam or zigzag seam to stitch the parts together. When overstitching, cut the seam allowances to 0.6 — 0.8 cm. The seam allowance on the edge of the garment is stitched with double seam to ensure stretchiness.

INSTRUCTIONS:

Dress:

1. Overstitch neckline with bias tape. Sew right side edge. Serge and press to back part.
2. Overstitch edge of the armhole and upper edge of back part with bias tape, leaving loose ends for straps.
3. Sew left side edge. Serge and press to back part.



4. Serge hem, turn inside and topstitch.
5. Sew straps to the back part.

Tunic:

1. Sew shoulder seams of top back part and top front part. Serge and press to back part.
2. Serge neckline, turn inside and topstitch.
3. Sew middle edge of top back part. Serge, press apart and topstitch. Gather ruffles.
4. Stitch top back part to lower part. Serge and press downwards.
5. On side edge of front part slash seam allowance near notches. Sew side seams of back part and of front part from notch to hem. Serge seams and press towards back part.
6. Serge armhole, turn inside and topstitch.
7. Serge hem, turn inside and topstitch.
8. Sew buttons onto shoulder seam near neckline from the wrong side. Make loopholes on straps of the dress near shoulder.

TECHNICAL DRAWING:

