

Sewing Pattern — Bra 5230

Recommendations on fabric: natural or synthetic silk.

You will also need: atlas (sateen); lingerie elastic tape; jersey iron-on interfacing.

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Fabric:

1. Shoulder strap – 2 folded pieces
2. Centre back – 1 folded piece
3. Side back – 2 pieces
4. Front – 1 folded piece
5. Side cup – 2 pieces
6. Centre cup – 2 pieces
7. Upper cup – 4 pieces

INSTRUCTIONS:

1. Iron the interfacing to the wrong side of the side back, front, and all pieces of the cups.
2. Stitch the side/centre pieces of the cups. Topstitch the seams allowances. Stitch the cup upper pieces to the cup lower pieces.
3. Stitch the side seams. Press them backwards and topstitch close to theseamlines.
4. Stitch the cups to the front. Topstitch the seam. Overstitch top edge of the cups with under cups. Turn it right side out. Fold the under cups raw edge inside and topstitch on the cup's/front seam. Topstitch the top edge of the cups.

5. With right sides inside fold the inset in half width, stitch the long edge then turn it right side out. Place the seam in the centre of the inset and press it. Make decorative stitches to make casings. Thread the elastic through the casings gathering the fabric. Fix the elastic ends to the fabric. Stitch the inset to the side pieces. Topstitch these seams to the side pieces.

6. Make up shoulder straps, topstitch them and stitch to the front, try the corsage on checking the length of the shoulder straps and fix them to the back.

TECHNICAL DRAWING:

